



Nesting Savant

Juliana Boh, founder of luxury furniture purveyor Snow Globe, shares her expert tips on refreshing your interiors and crafting domestic environments that promote wellness



A new year in any calendar is an excellent time to refresh your living space. Whether it's introducing new furniture to an existing room, replacing old pieces to keep up with your evolving lifestyle, refurbishing surface materials or filling up an entirely new space, updating your domestic environment not only revitalises its aesthetics but also rejuvenates its ambience, thus bringing a sense of renewal and positivity into your abode, and ensuring spaces that are conducive to your overall wellness.

So, where should one start? "First, declutter your home," says

Juliana Boh, founder of luxury furniture store Snow Globe. "Letting go of clutter will instantly improve its energy and lift your mood. Afterwards, you can look at upgrading your furniture. New furniture can definitely add a fresh look to any room." Pay particular attention to the entrance, as it sets the mood as you and yours enter the premises. "Consider changing out your cabinets. Find one that looks good in your entryway and provides good storage. Repaint your walls to get the ultimate refresh, or simply paint an accent wall. This can be your photo gallery area or your entryway," she advises.

For homeowners furnishing an empty space from scratch, Boh recommends thinking it through and taking it slow. "Imagine your typical day in that space, and what activities you will be doing there—this way, you will furnish the space with purpose. Remember that there is no need to buy everything all at once. You can start with the investment pieces first, the ones you will use most often, like a sofa," she explains.

And don't forget to take proper measurements to ensure everything fits proportionately. "If you do not have an interior designer to help you, you can download interior design apps that can help you to size

Clockwise from top left: The plush Perry Sofa and Hillary Side Table make for a cosy hangout spot; Snow Globe founder Juliana Boh; the elegant Barille Mini Sideboard; the Lisa Swivel Armchair in boucle fabric is perfect for relaxing in with a good book

and scale the pieces to the size of the room," she adds.

To promote wellness in your abode, especially in this boundaries-blurring work-from-home age, Boh recommends carving out a dedicated space for relaxation. "For example, you can create a nook or a reading area. Introduce a nice, cosy seat for reading, and a practical side table for books and drinks," she elaborates. Greenery and natural materials such as wood and marble create an inviting atmosphere, and even a little can go a long way. "There is no need to cover the whole home with wood and plants. Just add some wooden decorations, use natural textiles such as linen, and bring in some potted plants to feel closer to nature." Now, how's that to start your restyling journey?

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